



# UMMC Cafeteria

May 22 – 26

## Monday

Action Station:	Chicken or Tuna Salad Croissant	\$6.43
Entrée:	Lemon Thyme Garlic Chicken	\$3.99
	Honey Glazed Ham	\$4.29
On the Side:	Green Beans	\$1.39
	Roasted Vegetables	\$1.39
	Whipped Potatoes	\$1.39

## Tuesday

Action Station:	Taco Salad	\$6.43
Entrée:	Roast Turkey	\$4.29
	Chicken Fried Steak	\$4.49
On the Side:	Cornbread Dressing	\$1.39
	Roasted Vegetables	\$1.39
	Macaroni & Cheese	\$1.39

## Wednesday

Action Station:	Fried or Baked Chicken Plate	\$6.43
Entrée:	Homemade Meatloaf	\$4.29
	Chicken Alfredo	\$4.49
On the Side:	Whole Kernel Corn	\$1.39
	Turnip Greens	\$1.39
	Whipped Potatoes	\$1.39
	Macaroni & Cheese	\$1.39

## Thursday

Action Station:	Quesadilla or Burritos Plate	\$6.43
Entrée:	Beef Stroganoff	\$4.29
	Chicken Parmesan	\$4.49
On the Side:	Orange Basil Carrots	\$1.39
	Mashed Potatoes	\$1.39
	Roasted Vegetables	\$1.39
	Macaroni & Cheese	\$1.39

## Friday

Action Station:	Tex-Mex Wrap Station	\$6.43
Entrée:	Fried Catfish	\$4.99
	Red Beans and Sausage	\$4.49
On the Side:	Turnip Greens	\$1.39
	Mashed Potatoes	\$1.39
	Roasted Vegetables	\$1.39
	Macaroni & Cheese	\$1.39

## Look for healthy new vegetable options!

Director of Food & Nutrition  
Greg Richmond

### Assistant Directors of Food & Nutrition

Darrell Harper – Culinary Services  
Gabe Young – Culinary Services  
Jonell Blanks – Patient Services  
Rhonda Herring – Patient Services  
John Knowlton – Retail Services  
Cathy Taylor – Retail Services

We appreciate your  
input and suggestions.

Email comments to:

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Thank you  
for your support!