PORT DISCHARGE INSTRUCTIONS

SEDATION
• The sedation you received for your procedure is still in your system. Do not drive, consume alcohol, operate heavy machinery, or make any important decisions for the remainder of the day.

ACTIVITY
• You may resume your regular activities after 24 hours.
• No exercising, lifting heavy objects, or strenuous activity for the next 7 days.
• No swimming for 14 days.
• No contact sports while chemoprot is in place.

PAIN MANAGEMENT
• You may use over the counter medications such as Acetaminophen (Tylenol) or Ibuprofen (Advil) for minor discomfort unless you are restricted from taking these medicines.

CARE OF YOUR PORT (check one)
☐ Your wound is held together by adhesive paper strips. Do NOT shower for two days. Starting on the third day you may take the dressing off and shower. Leave the paper strips in place and allow them to fall off on their own. No dressing changes are needed.
☐ Your wound is held together by sutures. Do NOT shower for the first two days. Starting on the third day, you may take the dressing off and shower. Apply a dressing to the incision each day until the sutures are removed in clinic in 7-10 days. If the port is accessed with a needle, do not change the dressing over the needle.
☐ *Important: Return to Suite A at the Pavilion in 10-14 days for suture removal. Please call (601) 925-2242 to make an appointment.
☐ When the port is not in regular use it needs to be flushed once a week by your physician or nurse.

WHEN TO CALL YOUR PHYSICIAN
• Fever greater than 101.5 and chills.
• Swelling or severe pain in the arm/leg on the side of the port.
• Bleeding, redness, drainage or swelling at or around the port.
• Call Interventional Radiology at (601) 984-2833 from 7am-4pm. After 4pm, weekends or holidays, call your primary care physician. The UMC Emergency Department is available 24 hours a day at (601)984-4001.
• If there is an Emergency, please dial 911 or go to the nearest Emergency Room.