Feeding Tube Discharge Instructions

{ } G-Tube   { } GJ-Tube

Sedation:
- The sedation you received is still in your system. Do not drive, consume alcohol, operate heavy machinery, or make important decisions the remainder of the day.

Care After The Procedure:
- Avoid strenuous activity for at least one (1) week.
- Contact your primary care physician after the procedure about restarting your medications and when or if you need any lab work.
- It is normal to have a moderate amount of discomfort around the tube site for a few days following the procedure.
- You may experience abdominal discomfort the first night of the procedure.
- Taking Acetaminophen (Tylenol) or Ibuprofen (Motrin or Advil) will help your pain.
- You will have T-Tachs (special sutures) in for two (2) weeks.

Diet After The Procedure:
- The tube should not be used until checked by Interventional Radiology staff 24 hours later.
- Drink a lot of fluids and have small meals.
- Try to avoid eating heavy meals for a few days. For example DO NOT eat steak, fried, or spicy food.
- Nutrition consult should be ordered by your primary care physician.
- Flush the tube with 30-60 mls of water twice a day, if you are using the tube you will flush more often.

When To Call:
- Chills or fever greater than 101.5.
- Bleeding or foul smelling drainage around the tube.
- If you are having difficulty flushing the tube.
- If the tube comes out.
- Call the Interventional Radiology Department at 601-984-2833 from 7am to 4pm. After 4pm, weekends and holidays, call your primary care physician. The UMC Emergency Department is available 24 hours a day at 601-984-4001.
- If it is an emergency, dial 911 or go to the nearest emergency room.